

# **RMS Spring Sports Options 2023**

**Spring sports options for RMS Students/Sign up on ROCORI Website**

## **Softball (Grades 7-8)**

Coaches: Shelly Hoyt, Bob Stein, Nancy Schmitz, Heather Schmitt

Meeting Place: DEF Fields

Dates/Times: TBD-Sign up at Shelly Hoyt's Room D116

Starting Date: Monday, 4-3

2 games average per week will be planned-Usually on Monday, Tuesday or Thursday

## **Baseball (Grades 7-8)**

Coaches: Dustin Kramer, Logan Payne, Greg Spanier, Colin Spooner, Trevor Sawyer

Meeting Place: RHS Baseball Fields 3&4

Dates/Times: TBD

Starting Date: Monday, 4-3

2 games average per week will be planned-Usually on Monday, Tuesday or Thursday

## **Girls and Boys Golf (Grades 7-8)**

Coaches: Correne Keefauver, Shannon Tice

Meeting Place: RMS-River Oaks Course

Dates/Times: TBD-Sign up at Correne Keefauver's Room D222

Starting Date: Monday, 4-3

Events will be planned

## **Girls and Boys Track and Field (Grades 6-8)**

Coaches: Emily Conrad, Ashlee Loerher, Emily Donnay, Kimberly Horning, Kayla Schmiesing

Meeting Place: RHS Track

Dates/Times: TBD-Sign up in Activities Office

Starting Date: Monday, 4-3

Events will be planned

## **Girls Lacrosse (Grades 7-12)**

Coaches: Cortney Ryan, Mckenzie Pochardt

Meeting Place: RHS Fields

Dates/Times: TBD-Sign up in Activities Office

Starting Date: Monday, 4-3

2-3 games average per week planned-JV and V

## **Boys Lacrosse (Grades 7-8)**

ROCORI Youth Club Lacrosse Only-Sign up through Club

Varsity/JV is Grades 9-12 only

Varsity/JV Coaches: Mitchell Moczisko, Chase Smetana

**Boys and Girls Youth Lax Sign up Online Link:**

<https://rocorilax.sportngin.com/register/form/606998386> or [Rocorilax.org](https://Rocorilax.org)

**Boys Tennis Club (Grades 6-12)**

Coach: Nate Klein

Meeting Place: Tennis Courts

Dates/Times: TBD-Sign up in Community Ed or Nate Klein's Room B116

Starting Date TBD

In house practice/play only

Event schedules available at [centrallakesconference.org](http://centrallakesconference.org)

**Online sign up instructions:****What You Need to Do to Participate in a FALL ACTIVITY/WINTER ACTIVITY/SPRING ACTIVITY**

**Parents/Students** – You need to fill out the 2022-2023 MSHSL Eligibility form ([ONLINE ONLY](#)). You will find the link to this form on the ROCORI Activities home page. You need to complete the form once per school year. A current physical must be on file every three (3) years. If you have any questions concerning your students physical date, please call the Activities Office at 320-685-4917.

We are requesting that you pay the activity fee on RevTrak. If this does not work for you, we will accept a check or cash.