



ROCORI Community Education

Summer 2012

ROckville **CO**ld Spring **RI**chmond

I.S.D. #750
ROCORI
Community Education
527 Main St.,
Cold Spring, MN 56320
(320) 685-8631

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Registration Options

Online

Online registration will begin Friday, May 4. To access registration, please go to: https://ssl.dwebsite.com/secure2/ce_rocori/php/public.php



Typically, if a class has been filled it will no longer be seen on the website, unless a waiting list is available. If you experience any problems, please call 685-8631 during office hours, or leave a message on voicemail.

In Person

We will accept registrations at the Community Ed. office beginning Tuesday, May 8. Office hours are 7:30-4:00. The office is located at 527 Main St. in the District Education Facility. Please use the new entrance off the west parking lot on Main Street.

By Mail

Registration received by mail, at ROCORI Community Ed., 527 Main St., Cold Spring, MN 56320, will be processed beginning Tuesday, May 8. Registrations received prior to that date will be held until May 8. Please include a registration form for each student.

FREE YOUTH CLINICS!



Friday, July 20, 2012, at 2:00 PM and 3:30 PM at Springer Park

(In the case of inclement weather, the clinics will be held in the ROCORI High School gym) Bring your glove, other equipment will be provided

Clinics are open to boys and girls ages 6 to 16 and are divided into two 90-minute sessions; children ages 6 to 9 years should report Friday, July 20, 2012 at 2:00 PM; children ages 10 to 16 should arrive at 3:30 PM. Clinics focus on hitting, fielding and throwing.



ROCORI Book Club

3rd Tues. of the month 4:00 pm

ROCORI Sr. Center
in the District Education Facility
(former Middle School)

May - Hotel on the Corner of Bitter and Sweet by Jamie Ford

June - off July - off

August - book selection for next year

New members welcome any time.

The ROCORI
Community Education
Office will be closed on
Fridays from June 8
through August 24.



Get ready for some

Summertime Fun at KIDSTOP!

Summer is just around the corner, and it's time to start planning for your child's summer fun in a positive place.

At summer KIDSTOP, your child is sure to enjoy a range of activities taking place in 45-minute rotations, including:

- Gym, outdoor activities & water games
- Arts & crafts, scrapbooking, cooking & beauty clubs
- High-yield learning activities and games
- Sports leagues & fashion clubs
- Great field trips & more!

Register on-line today for Summer KIDSTOP at Cold Spring Elementary.



www.kidstopprogram.org
320-252-7616
320-685-4959
Join us on Facebook!

Use this form for in person or mailed registration.

Please use a separate form for each child.

In person and mail registration begins May 8.

ROCORI Community Ed. 2012 Summer Registration Form

Child's Last Name _____ First Name _____

School _____ Grade (next yr.) _____ Child's Age _____

Address _____ Street or box _____ City _____

Parent(s)' Name(s) _____

Home Phone _____ Parent's Daytime/Cell Phone _____
Phone # & parent's 1st name

E-Mail Address _____

Activity/Class	Session/Time (if there are choices)	Fee
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<i>Example:</i> Swim Lessons	A 6:00 Group 1	\$24.00
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Special Notes: _____ Total Fee: _____

I.S. D. #750
ROCORI Area Schools
Comm. Ed. Dept.
527 Main St.
Cold Spring, MN 56320

Carrier Route Presort
U.S. POSTAGE PAID
Cold Spring, MN 56320
Permit No. 17

Current Resident

Youth Recreation Activities

Grades are for 2012-13. Activities do not meet the week of July 2.

Baseball

Soft Touch Preschool T-Ball

Boys & girls ages 4-6. Intro. to skills used in baseball & softball: running, throwing, catching & swinging a bat. Child will be on the field, not sitting on the bench. If possible parents are asked to help out. **Tue. & Thur., June 12-July 26. 10:00-10:45 a.m. Held at Cold Spring Elem. Fee: \$20**

T-Ball

Boys & girls ages 6, 7, & 8 (Gr. 1-3) Learn the important, basic baseball skills through daily fundamental drills in a fun & safe learning environment. Each day the first 20 min. will be committed to a fun practice session, followed by a game of T-ball with the players hitting off of a tee using a softer, age-appropriate baseball. During the games, coaches, current & former ROCORI varsity players, will teach the basic rules. **Held on the fields north of Cold Spring Elem., on Tue. & Thu. from 8:30 - 9:45 a.m. Informational mtg on Mon., June 11 at 8:30 a.m.-CSE Begins on Tue., June 12 at 8:30; runs thru Thur, July 26. Fee: \$30**

Pitchball

For boys ages 8, 9, & 10 (gr. 4-6) A fun,

competitive approach to baseball while implementing drills & skill development. The first 20 min. emphasis placed on teaching the proper fundamentals of baseball. Remainder of the day devoted to a competitive game of baseball where coaches pitch allowing for a more exciting & active game. The strategies & rules of the game will be emphasized including 3 outs per inning, etc. Coaches current & former ROCORI varsity baseball players. **Held on the fields north of Cold Spring Elem., & will be held Mon. & Wed. from 8:30 - 10 a.m. Informational mtg. on Mon., June 11 at 9:30 a.m. at CSE. Practices begin on Wed., June 13 at 8:30 & run thru Wed., July 25. Fee: \$30**

VFW

For Boys ages 15-16 (Cannot turn 17 prior to August 1st) A competitive level of baseball. The season consists of approximately 30 games followed by playoffs & potentially a state tournament. Heavy emphasis placed on teaching the advanced fundamentals & skills of baseball along with the strategies of the game ultimately preparing each player for varsity baseball & beyond. Due to the large number of players interested, there will be 2 teams this season. **Tryouts will be held on May 30th and 31st, at ROCORI HS after school.** Coaches are current & former ROCORI varsity baseball coaches & players. **For more information call Jeff Illies, 320-333-8622. Fee: \$100**

Basketball

Elementary Boys' Basketball

Designed to introduce and improve shooting, passing, and dribbling skills. **Dates: Tue & Thu, June 19-July 26**
Time: Gr. 3 & 4 9:00-10:15
Gr. 5 & 6 10:30-11:45
Location: CSE Gym Fee: \$30

Girls' Basketball

Introduction to basic skills for new players & continued work on passing, shooting, & dribbling for experienced players.

Tues. & Thur., June 19-July 26

Time: Gr. 3-4 1:00-2:15

Gr. 5-6 2:30-3:45

Location: CSE Gym Fee: \$30

Open Gym

Girls' basketball & volleyball Mon. & Wed., starting June 11; 9-11 a.m.; RHS gym. Gr. 7-12. Free. Girls' basketball. Wed. & Sun., starting Jun. 10; 6-8 p.m.; RHS gym. Gr. 7-12. Free.

Soccer

Elementary

All boys & girls; no experience necessary. Basic soccer skills, positions, terms, & great exercise. Shinguards recommended. Rich. Centennial Park (behind Rich. Bus). **\$25**

Dates: Mon., Tue. & Wed., Jun. 6-Jun. 27

Times: Gr. K-1 11:00-11:45

Gr. 2-3 9:45-10:45

Gr. 4-6 8:30-9:30

Instructors: David Wilke

Recreation League - Grades 6-adult

Community Summer Recreation Soccer Leagues are now forming. Games for this League will be held on Mon. evenings in Paynesville and Wed. evenings in Richmond.

Gr. 6-8 5 p.m. Gr. 9-12 6 p.m.

Adult 7:00 p.m.

Dates: June 18, 20, 25, 27, July 2, 9, 11, 16, 18, 23, 25, 30

Fee: \$25 Early Bird by May 23

\$30 Regular Price

Call David Wilke, 761-8544, to register.

The rec. league does not run through

ROCORI Community Ed.

Swift Kids Running Club

Boys & girls gr. 3-6. Fun fitness activities, discuss healthy habits & training runs. All fitness levels! Fee includes t-shirt. State size: youth M, L, adult S, M, L. **\$26**

Dates: Tue. & Thu., June 12-July 24

Time: 6:15-7:30 p.m. Location: CSE

Coach: Julie Woods

Tennis - Beg. to Interm.

Younger players use smaller racquets (provided) & larger size sponge balls to develop eye-hand coordination, racquet control, & basic skills. Older players learn basic forehand, backhand, & volley strokes, as well as serving fundamentals. Mon. & Wed., June 11-27 & July 9-18.

Ages	Time	Fee
4-6	10:05-10:50	\$20
7-9	11:00-12:00	\$25
10-13	8:45-10:00	\$28

Track

There will be no summer track program, due to the expansion & resurfacing of the current high school track. Children are encouraged to join the Swift Kids Running Club.

Volleyball

Elem. Girls & Boys

Introduction to volleyball skills including court positions, bumping, setting, & serving. Grades. 3-6. CSE Gym

Dates: Mon & Wed, June 18-July 25

Time: 1-2:30 p.m. Fee: \$30

Middle School Girls

Work on improving basic skills of bumping, setting, serving, and hitting. Learn offense and defensive positions. Gr. 7-9.

Dates: Mon & Wed, June 18-July 25

Time: 10:30-12:00.

Location: CSE gym Fee: \$30

Preschool Enrichment



Amaze'n Farmyard & Bounce Barn

Join staff & other families with children 1-5 yrs to roam with, feed & snuggle baby farm animals. Meet at the Farmyard (57649 Hwy.

55, Eden Valley) on Wed., June 27, from 10 am to 1 pm. Bring a bag lunch, water bottle, sunscreen & socks for the Bounce Barn. \$5 per person; children 2 & under free. Registration Deadline: June 20. Rain or shine. More info. amazenfarmyard.com.

Drop By and Play

Join parent educator, Amanda Ludwig, for informal play, circle time, stories & songs, in the Dist. Ed. Facility multi-age room. Birth-4 yrs with parents/ grandparents Fri., May 4, 11, 18 & Thur., June 7, 14, 21, 28; 9:30-11. Use door # 1. No registration. FREE

Let's Get Moving!

Parents & their young children (birth to 5) are invited to 'get moving' for an hour of fun activities in our early childhood large motor space.

Day: Wed., Jun. 13, 20, Jul. 18, 25

Time: 9:30-10:30 a.m.

Location: Dist. Ed. Facility

Instructor: Kerry Peterson Fee: \$8/child
Registration Deadline-until filled at 12

Literacy on the Go!

We're on the move, with books in hand, stories to share, activities & games to share. Join Ann

McGee & Blanca Guzman in both Rockville & Cold Spring this summer! Ages birth to 5 & their parents. Free! No need to pre-register.

Thur., June 14, 21, 28, July 12, 19

Time: 10:30-12:00

Location: John Clark Elem. playground

Time: 1:00-2:30

Location: Towns' Edge Mobile Home Pk.

Story Time Adventures

Let's bring our favorite stories to life! Each session will be filled with fun & laughter, as we create story props & act out our favorite stories. We will even put together our own story books! Children 3-5 years of age (by Sept. 1, 2012 & potty trained).

Day: Tue. & Thu,

July 10, 12, 17, 19, 24, 26

Time: 9:30-11:30 OR 1:00-3:00

Location: Dist. Ed. Facility

school readiness rooms

Instructor: Kerry Peterson Fee: \$35

Registration Deadline: until full-10/session

Where in the Wild?

The natural world is full of surprises! Discover the wonder of nature through outdoor adventures, stories, & hands-on experiences. Ages 3-5 (by Sept. 1, 2012, & fully potty-trained).

Day: Tue & Thu, June 12, 14, 19, 21,

26, 28

Time: 9:30-11:30 OR 1:00-3:00

Location: Dist. Ed. Facility, Rm 112;

drop off & pick up in room

Instructor: Kerry Peterson

Fee: \$35

Registration Deadline: until full



ROCORI Early Childhood Family Education- ECFE

Early Bird Registration

Please select your ECFE group, based on your child's age as of Sept. 1, 2012. Unless otherwise noted each group has 13 class sessions, which includes parent/child time, parent education, circle time and teacher/child time. All ECFE fees are based on a sliding fee scale. See registration information on p. 1.

Multi-age Groups - for parents and children birth to 4 years of age (pre-kindergarten)

Monday 9:30-11 a.m.

Tuesday 12-1:30 p.m.

Wednesday 6-7:30 p.m.

Tiny Tots Infant/Toddler Groups - for parents and children birth-18 months

5 sessions on Tuesdays, 6-7:15 p.m. September 18, 25 and October 2, 9, 16

2 and 3 year old Groups - for parents and children

Monday 6-7:45 p.m.

Wednesday 9-11 a.m. - sibling care available; must register.

3 year old Group -

Wednesday 6-8:00 p.m.

Special Groups for parents and children

Watch for details in the August Community Education brochure on:

Me and My Dad: Dads and kids 2-4 years of age (pre-kindergarten)

Story Time Adventures: Parents and children 3-4 years of age

Let's Get Moving: Parents and children 3-4 years of age

Drop By & Play: Parents/Grandparents and children birth-4 years of age (pre-kindergarten)

Stay & Play: Childcare providers and "their kids" birth-4 years of age (pre-kindergarten)

Learn & Play: Spanish language ECFE -parents & children birth-4 yrs old (pre-kindergarten)



ROCORI Early Childhood Family Education (ECFE) Program

ECFE is designed to support parents in their most important work - parenting.


The focus of ECFE programming is to provide an age appropriate experience for you and your child, in all of the developmental domains. You'll have an opportunity to strengthen language and literacy skills through your participation in circle time and STAR (Sit Together And Read) time during most ECFE classes.

ECFE also provides an opportunity for parent education, parent support and offers a place to talk about the challenges and successes of parenting. Licensed parent educators will design opportunities for parents to strengthen their understanding of child development, an understanding of the parenting journey, and the resources to be the best parent you can be.

Looking For Preschool?

Preschool or school readiness is an opportunity for children 3 and 4 years of age to prepare for their kindergarten experience. The goal of school readiness is to offer opportunities for letter practice, number sense, fine and large motor skills, language and literacy skills, and social/emotional skills. It is also a priority of school readiness to involve parents in their child's learning and education. Rocori offers Kinder Connection for 4 year old children (age by September 1) and Threes Are Terrific for 3 year old children (age by September 1). Call 685-4035 to request a registration packet.

Look for Parent/Child Yoga Buds class on page 3.



Dean-O-Mite!

Thursday, May 10 5:30-7:00 p.m.
 District Education Facility Gym
 for families & children ages 1-5 years

Free, but **PLEASE register** by calling 685-8631 or register online at https://ssl.dwebsite.com/secure2/ce_rocori/php/public.php

Youth Enrichment

Gr. listed for 2012-2013.
Look on page 5 for dance
& theater camps.

Bugged Out Water!

Is there anything more exciting than playing with bugs? Let's dig right in & see what kind of buggy neighbors are swimming around the lakes & streams. A very hands-on session full of creepy crawly fun that will leave you with a better appreciation of how important insects are, as well as what they can tell us about the water. Ages 7-11.

Date: Mon, July 30 **Time:** 10:30 -12:00
Location: Cold Spring Frogtown park
Instructor: Adam Hjelm **Fee:** \$5
Registration Deadline: Mon., July 23

Babysitting

Job hunting, babysitter's checklist, safety, child development, crying babies, age-appropriate toys, fun activities, sick children, first aid & more! Ages 10-14.

Date: Wed., June 6 **Time:** 9:00-12:00
Location: DEF
Instructor: Pam Stellmach, R.N.
Fee: \$20-includes guidebook
Registration Deadline: until filled

Build Your Own Fishing Lures

Why do fish chase after one lure but ignore the next one? Do they see every color, certain colors, or none at all? We'll talk about & look at a wide variety of gadgets & lures, as well as give you a chance to make your own to take home & try out. All the supplies & materials are provided, just bring your creativity. Ages 5-7 with parent; ages 8 & up with or without parent.

Date: Thur., Aug. 2 **Time:** 6:30-8 pm
Location: Dist. Ed. Facility
Instructor: Adam Hjelm **Fee:** \$5 / child
Registration Deadline: Thur., July 26

Camping Safety & First Aid

Designed for the young camper/wilderness explorer. Includes water safety, fire safety, safe use of camping tools, what to do if you become lost, as well as basic first aid for injuries. Students assemble a small first aid kit as part of the class. Ages 7-12.

Day: Tue., June 5 **Time:** 1-5 p.m.
Location: Dist. Ed. Facility **Fee:** \$20
Instructor: Emergency Outfitters
Registration Deadline: Tue., May 29



Circuits, Electronics & Robotic Science Camp

Gr. 5-9

Mon.: Exploring Electronics

Explore the world of electronics by hooking up basic circuits. Examine every day simple circuits by taking them apart then hook them back up. Add other components to the circuit to make it perform other tasks.

Tues.: Circuits & Bread Boards - How are bread boards utilized in the world of electronics? Learn how to hook up simple & complicated circuits using bread boards of various sizes. Students take home their own bread board for further experimentation.

Wed. & Thur.: Robotics - Break down different every day robotic machines to get a better understanding of how things work. Use that information to put together new robotic devices to use & take home.

Dates: Mon.-Thur., Aug. 20-23
Time: 12:30-3:30 p.m.
Location: DEF, Rm. 248
Instructor: Alicia Green **Fee:** \$92
Registration Deadline: Mon., Aug. 13

Colossal Chemistry Science Camp

Grades 2-5

Mon.: Elemental Experiments - Explore the world of elements while hooking up circuits, testing magnetic properties, flame tests & perform more experiments related to the elements. Discuss atoms & build stick models of an atom on the periodic table.

Tues.: Colossal Compounds - What happens when elements come together to form different compounds? Examine the fundamental compound of dihydrogen monoxide that is used every day & show how we can split the compound into its elemental parts using energy from a battery. Other fun compounds discussed through different experiments.

Wed. & Thur.: Zany Reactions - We will be exploding, reacting & creating massive mayhem when mixing different compounds. It's amazing! Explore all different types of reactions that occur throughout the world. Take home activities to further reaction learning.

Dates: Mon.-Thur., Aug. 20-23
Time: 8:30-11:30 a.m.
Location: DEF, Rm. 248
Instructor: Alicia Green **Fee:** \$92
Registration Deadline: Mon., Aug. 13



Cook It & Book It

Experience the fun of cooking & reading at the same time! Bake muffins & read *If You Give a Moose a Muffin*, make mini pizzas, & read a special book about pizza & so much more! Ages 5-12.

Day: Thu., Jul. 12, 19, 26 **Time:** 9-11 am
Location: RHS FACS Rm.
Instructor: Dana Groetsch **Fee:** \$22
Registration Deadline: Mon., Jul. 9

Get Unplugged!

Take a break this summer from electronic games & get back to the basics of playing traditional board & card games. Learn strategy & thinking skills while having fun. Games include Sorry! Checkers, Connect 4, Go Fish, & Rummy. Ages 5-12.

Day: Tue., Jul. 10, 17, 24 **Time:** 9-11 am
Location: DEF
Instructor: Dana Groetsch **Fee:** \$17
Registration Deadline: Fri., Jun. 29

Guitar, Beginning

Learn the art of the guitar on acoustic, electric, or base guitar, including songs, riffs, & solos. Bring your own guitar. Ages 8 & up. Half hr. private lessons.

Dates: Mon., June 11; 8 weeks
Time: Choose one: 12-12:30; 12:30-1; 1-1:30; 1:30-2; 2-2:30; 2:30-3; 3-3:30; 3:30-4
Location: DEF, Rm. 252
Instructor: Jason Stice **Fee:** \$72
Registration Deadline: until filled

Live on Stage!

Learn what it takes to perform on stage in a band, small group, or by yourself. Learn how to harmonize, play in sync with other musicians, choose songs, modify parts, gain confidence to perform on stage. Students give a concert for family & friends at the end of the class. Ages 13+.

Day: Thu., June 14-July 26 (skip July 5)
Time: 2:15-4:15 p.m.
Location: DEF, Rm. 246
Instructor: Ashley Brown **Fee:** \$75
Registration Deadline: Thu., June 7

Music Lessons - Private

Choose a half hour for piano, voice, guitar or violin/fiddle. Beginners and up.

Day: Thu., June 14-July 26 (skip July 5)
Time: 9-9:30; 9:30-10; 10-10:30; 10:30-11; 11-11:30; 11:30-12; 12-12:30; 12:30-1; 1-1:30; 1:30-2
Location: DEF, Rm. 246
Instructor: Ashley Brown **Fee:** \$98
Registration Deadline: until filled

Ooey Goopy Crafts

Do you love to make a mess? Put on some old clothes & get ready to have fun making your own play dough, homemade finger-paint, gak, & much more! Ages 5-12.

Day: Wed., Jul. 11, 18, 25 **Time:** 9-11 am
Location: DEF, Rm. 248
Instructor: Dana Groetsch **Fee:** \$22
Registration Deadline: Fri., Jun. 29

Painting with Kate

A fun-filled adventure into the world of art & painting. Start off working with colors, tints & shades & discover how they work together. Then use these new skills to begin a creative journey using different methods & projects. Finish up by creating your very own masterpieces! All supplies & a snack & beverage are included in the class fee. Please wear or bring an old shirt. Gr. 1-6.

Dates: Tue., Wed., Thur., Aug. 21, 22, 23
Time: 9:00-12:00
Location: CSE Art Rm.
Instructor: Kate Langlais **Fee:** \$31
Registration Deadline: Tue., Aug. 14

Piano, Beginning

For children & adults ages 6 & up using *Alfred's Basic Piano Library All-in-One Course*. Choose time for 1/2 hr. lesson.

Dates: Wed., June 13-Aug. 8, not July 4
Time: 8-8:30, 8:30-9, 9-9:30, 9:30-10; 10-10:30, 10:30-11, 11-11:30, 11:30-12
Location: DEF, Rm. 246
Instructor: Addie Carlson
Fee: \$78 without book; \$85 with book
Registration Deadline: until filled

Total Clay Camp

Make a stoneware pot on the potter's wheel, create & glaze a ceramic tile, learn basic hand-building skills & make a wall hanging, create a second, hand-built, food safe project, & make a project out of polymer clay. Instructor brings two potter's wheels & helps students to make a pot on the wheel. Parents - please feel free to register! Dress for a mess! Bring a bag lunch. Ages 6+.

Date: Tue., Aug. 7 **Time:** 10 am - 2:30 pm
Location: DEF, Rm. 248
Instructor: Laura "the Potter" Lounsbury
Fee: \$60
Registration Deadline: Tue., July 31

Yoga for Youth

Youth yoga combines exercise, positive thinking, relaxation, & improved breathing techniques. Poses & guided imagery exercises will promote active movement, strength, & relaxation. The special curriculum will allow youth ages 8-12 to explore their own areas of strength & build a healthy lifestyle.

Day: Tue., June 5-July 17 (not July 3) &/or July 24-Aug. 28 **Time:** 9:30-10:15
Location: DEF, Rm. 214
Instructor: Kathy Clingman **Fee:** \$22
Registration Deadline: 1 week prior

Yoga Buds - Adult & Child

Yoga for Preschoolers ages 3-5 years
Looking for a fun & loving way to help your preschooler learn & improve their development, Yoga Buds is perfect! Yoga can help 3-5 year olds have fewer tantrums, better & longer sleep, increased motor coordination, improved listening & ability to follow directions, better self-expression, higher self-esteem, easier relaxation, a healthy, fit lifestyle. No yoga experience needed. Bring yoga mat & water bottle.

Day: Tue., June 5-July 17 (not July 3) &/or July 24-Aug. 28 **Time:** 8:30-9 am
Location: DEF, Rm. 214
Instructors: Kathy Clingman, Loretta Stockelberg, Certified Yoga Calm Instructors
Fee: \$20 **Reg. Deadline:** 1 wk. prior

Adult Classes



Acting Workshop

See a one night class located with the Prairie Fire Theater Camp on page 5.

Cardio Kickboxing

For both beginners & more advanced fitness level, modified for each participant. Combination of kicks, jabs, uppercuts, & hooks set to upbeat music. Not only burns A LOT of calories, but also fun! Bring lighter hand wts. (2-8 lb.) & exercise mat.

Days: Mon. & Thur., July 9-Aug. 16
Time: 6-7 p.m. **Location:** DEF Gym
Instructor: Roxanne Jacobson
Fee: \$20 / 1x per wk; \$35/ 2x per wk
Registration Deadline: Fri., Jun. 29

Cement Leaf Birdbaths, Stepping Stones, & Other Lawn Ornaments

Demonstration on how to make large, medium or small cement birdbaths, stepping stones, and other lawn ornaments using rhubarb, hosta, elephant ear and other plant leaves as patterns.



Date: Wed., May 16 **Time:** 1-3 pm
OR
Date: Mon., May 21 **Time:** 6:30-8:30 pm
Location: DEF Rm. 248
Instructor: Marilyn Brinkman **Fee:** \$5
Registration Deadline: until filled

Defensive Driving Renewal

In order to maintain a 10% discount, the defensive driving class must be renewed every 3 years. Update yourself on common bad habits & MN's newest laws!

Date: Thu., July 19 **Time:** 1-5 pm
Location: DEF, ROCORI Sr. Center
Instructor: MN Safety Council
Fee: \$16
Registration Deadline: until filled

Yoga

Designed to energize, heal, & tone the body, while being both challenging & safe. Inspired by the power of vinyasa style yoga, blend gentle but effective "flow" sequences, postures, & breath. Strengthen the body while simultaneously stretching to induce calm & improve flexibility. End with a relaxing meditation that will melt away tension & inspire you to live more fully. Yoga mat required.



Dates: Mon., May 14, 21, June 4, 11, 18, 25 AND/OR July 9, 16, 23, 30, Aug. 6, 13, 20, 27
Time: 5:30-6:30 p.m.
Location: DEF Rm. 214
Instructor: Mary Bowar
Fee: May/June \$30; July/Aug. \$40
Registration Deadline: 1 week prior

Yoga in the Morning

A relaxing, short form yoga series to start your day off right. All levels of experience encouraged. Yoga mat required.

Dates: Tue. & Thur., May 8, 10, 15, 17, 22, 24, 29, 31, Jun. 5, 7, 12, 14, 19, 21, 26, 28 AND/OR July 10, 12, 17, 19, 24, 26, 31, Aug. 2, 7, 9, 14, 16, 21, 23, 28, 30
Time: 7:00-8:00 a.m.
Location: DEF Rm. 214
Instructor: Mary Bowar
Fee: 1x/wk=\$40; 2x/wk=\$70
Registration Deadline: 1 week prior



Swim Lesson Fees

Levels 2-6 -	\$36 for Semi-Private
	\$31 for Regular Group
Level Pre-1-	\$24 for Semi-Private
	\$28 for Regular Group

Daytime Lessons

There will be a special daytime session of swimming lessons for KidStop participants the week of August 13th. Children will not be transported to other daytime swimming lessons from KidStop.

Students may be signed up for one session each. Additional lessons may be scheduled after July 1.

Session I-Regular Lessons
(8 lessons)
Mon. through Thu., June 11-21

Time	Groups
9:30-10:20	2 3 4
10:30-11:00	1
10:30-11:20	3 4 5/6
11:10-11:40	1
11:30-12:20	2 3 4

Session II-Semi-Private Lessons
(5 lessons with extended time)
Mon. thru Fri., June 25-29

Time	Groups
9:30-10:10	1
9:30-10:30	3 4 5/6
10:20-11:00	1
10:40-11:40	2 3 4
11:10-12:10	2
11:45-12:15	Private Lessons
11:45-12:35	PREP (new class)*

Session III- Regular Group Lessons
(8 lessons)
Mon., Wed., & Thur., July 9-25

Time	Groups
9:30-10:00	MW
9:30-10:20	2 3 4
10:10-10:40	1
10:30-11:20	3 4 5/6
10:50-11:20	WB/AT
11:30-12:00	1
11:30-12:20	2 3 4

Adult Swim Lessons

Are you afraid of water & would like to overcome that fear? Would you like to be able to do more than just splash around or do the dog paddle? Session B or C have times that will be devoted to not more than four adult students who would like to improve their swimming skills.

To register, please call Comm. Ed. 685-8631, or register online.



Open Swim

**Mon.-Thu., June 18-July 30
& August 13-24**
Pool closed July 2-6 & July 30-Aug. 10
2:00-4:00 p.m.
\$2.00 per person
Lifeguards on duty.
All ages welcome!

Swim Lesson Class Sizes

Semi-Private Lessons have a maximum of 4 students per class.

Regular Group Lessons have a max. of:
Level 1 6 students
Level 2 8 students
Levels 3-6 10 students

Evening Lessons

Session A - Semi-Private Lessons
(6 lessons)
Mon. & Wed., June 11-27

Time	Groups
6:00-6:30	1 WB/AT
6:00-6:50	3 4
6:40-7:10	1 MW
7:00-7:50	2 3
7:20-8:10	4 5/6

Session B-Semi-Private Lessons
(6 lessons)
Tue. & Thu., June 12-28

Time	Levels
5:45-6:35	2 4 5
6:00-6:30	WB/AT
6:40-7:10	1
6:45-7:35	2 3 5/6
7:20-7:50	MW
7:45-8:15/8:35	Private or Adult Lessons

Session C-Regular Group Lessons
(8 lessons)
Tue. through Thur., July 10-26

Time	Groups
6:00-6:30	1 MW
6:00-6:50	3 4
6:40-7:30	2 5/6
7:00-7:30	1
7:00-7:50	2
7:40-8:10/8:30	Private or Adult Lessons
7:40-8:30	PREP (new class) *

Private Swim Lessons

A limited number of private swim lessons are available, depending on pool availability & instructors' schedules.

Fees are \$49 for four, half hour lessons, or \$65 for two children in the same level or similar ability and age.

Call 685-8631 to request private swim lessons for youth or adults.

Synchronized Swimming for Beginners

Swimmers perform dance like movements in the water accompanied by music. Synchronized swimming requires strength, endurance, flexibility, & grace. Must be able to swim freestyle or breaststroke one length of the pool, preferably gr. 4 & up. Need swimsuit, swim cap, goggles, & towel.

Dates: Mon.-Thur., Aug. 13-16
Time: 4:00-6:00 p.m.
Instructors: Megan & Brianna Herdering
Fee \$25
Registration Deadline: Mon., Aug. 6

Class Descriptions

Preschool Swim Classes

Preschool classes require a parent, guardian/older sibling 16 or older to be in the water with the child. Classes are designed to help children overcome their fears about water, have fun, spend special time with mom or dad, & learn some very basic water skills.

Water Babies (WB) 9-18 months
Aquatots (AT) 19-36 months
Minnows (MW) 3-5 years
Children who are 5 yrs old should be at least 42 inches in height to enroll in Group 1.

Group 1 (Ages 5+)

Become comfortable in the water. Safety topics include pool rules, recognizing life-guard, safe water entry, being able to recall name and phone number, helping yourself in an emergency & proper use of life jacket. Skills include blowing bubbles, assisted floats, flutter kick, & paddling.

Group 2

Learn to swim without support. Safety topics include being able to recall parents/guardians' names, home address, proper use of life jackets & boat safety. Skills include bobbing, holding breath, floats, kicking with kickboard, treading water, front/back crawl.

Group 3

Be comfortable with new skills in deep water & learn new strokes. Safety topics include helping yourself & others in an emergency, & safe weather conditions for swimming. Skills include swimming underwater, front crawl with rhythmic breathing, elementary backstroke, breaststroke kick & arm motion, & deep water work.

Group 4

Increase endurance, improve skills learned from classes 1-3 & learn new skills. Safety topics include basic 1st aid & reaching assist. Skills include surface dive, open turns, treading water, breaststroke, dolphin kick.

Group 5

Improve efficiency for strokes & learn new skills. Safety topics include 1st aid & throwing assist. Skills include flip turns with front & back crawl, flutter/dolphin/breaststroke kick, & elementary backstroke.

Group 6

Concentrate on refining technique of all strokes. Safety topics include recognizing spinal injury. Skills include feet 1st surface dive & pick up brick, open turn breaststroke/butterfly, & tread water, kick only.

*PREP (Personal Readiness

Endurance Program) ages 12-14
Focus on building endurance & getting prepared for the Lifeguard Training & Water Safety Instructor (WSI) course. Skills include continuous 500 yd. swim, swim team readiness, basic CPR /1st aid, rescue techniques & swim lesson teaching techniques. Fee is \$35.

Summer Swim Club

Open to all youth and adults who can swim at least one length of the pool unaided. Morning practices will emphasize more endurance, speed & strength. Evening practice will focus more on starts, turns & stroke development.

Monday through Thursday
June 18-June 28 & July 9 - July 26

7:30-9:15 a.m. Fee: \$49

and/or

4:30-5:45 p.m. Fee: \$49

\$88 for both

Kollege for Kids

Gr. listed for 2012-2013.

All classes held at CSE.

Instructor is Joyce Baumann.

The fee is \$7 each.

Students that sign up for both a.m. & p.m. classes on the same day may bring a lunch & will be supervised during that time.

Beading 101 (Grades 2-9)

Students will develop fine motor skills creating colorful, beaded projects including necklaces & bracelets. Students in gr. 4-7 will learn advanced beading techniques, including the use of glass beads.

Date/Time: Tue., July 24; 8:30-11:30 am

Hook & Loom Weaving (Gr. 2-9)

Students will learn how to create a beautiful project that can be used as a pillow or wall hanging. **THIS CLASS IS \$8.**

Date/Time: Thu., July 26; 12:00-3:00 pm

Perler Beads 101 (Grades 2-9)

Students will create projects with beads that are fused with an iron. Magnets, key chains & more can be made with these beads.

Date/Time: Wed., July 25; 8:30-11:30 am

Scrapbooking 101 (Grades 3-9)

Students will learn the proper methods for preserving photographs by creating colorful, thematic scrapbook pages. Students should bring 12 photographs to class.

Date/Time: Tue., July 24; 12:00-3:00 pm

Shrink Art 101 (Grades 2-9)

Students will have fun experimenting with and making fun project from shrink plastic (also known as Shrinky Dinks).

Date/Time: Wed., July 25; 12:00-3:00 pm

Stamp Collecting 101 (Grades 3-9)

Beg. & adv. stamp collectors. Learn the basics of collecting. If you have your own album, bring it. If not, an album will be provided for an additional \$7. All students will receive stamps to add to their collection.

Date/Time: Thur., July 26; 8:30-11:30 am

Two New Tenants for the DEF

There will be two additional programs in the District Education Facility (DEF) building in the coming months.

The first new occupant is the Cold Spring Area Historical Society, which will be moving in after May 1. The space they will occupy is across the hall from the ROCORI Senior Center in what was the Community Education Director's office. With the rental of this space the Society will have a presence in the community and great access by many.

Secondly, Head Start, a federal program that promotes the school readiness of children ages birth to 5 from low-income families, will occupy the space which formerly was the Family and Consumer Science room in the middle school. Due to the federal requirement for a second outside fire exit, an additional door will be made in the north wall. That construction will begin in the immediate future. This program will nicely complement the existing early childhood and school readiness classes already available through ROCORI.

Great Northern Theatre
performing this summer

Annie Get Your Gun

Auditions are Tue. & Wed., May 29 & 30
6:30 p.m.; ROCORI H.S.

Performances are Aug. 9-11 & Aug. 15-17
at 7:30 p.m. & Aug. 8 at 2:00 p.m.

For more information visit gntc1.com

Camps



WAKEBOARD, SURF, SKATE

Beginner-advanced riders welcome
13 years of age and up
Groups of friends encouraged

STARTING JUNE 4, 2012

Monday - Thursday

Night sessions from 6:00 p.m. to dark
1 or 3 day camps. 9 a.m. - 5 p.m.

Contact Cory Pflipsen to schedule
Cory@inTuneMotorsports.com

River Oaks Jr. Academy Golf

7-8 yr olds boys & girls. Mon., for 6 wks,
starting June 4. 9-10:15 a.m.
9-14 yr olds boys & girls. Tue, for 8 wk.,
starting June 5 8-10:45
Advanced Jr. Golfer League
Mondays at 12:00 noon
Call River Oaks at 685-4138
to sign up or for more information.

Stearns County

4-H Day Camp Adventures



2011-12 Gr. K-5
(4-H Members and Non 4-H Members)
Thur., June 21 9 a.m. - 3 p.m.
Cold Spring Frogtown Park
Registration Deadline: June 5
"Thrills & Trills"
Songs, games, crafts & fun!
Cost is \$ 8.00 per camper.
Bring a bag lunch & clean 20 oz.
pop bottle with cover.

Kickoff To Summer Elementary Football Camp

Current Students in Grade 2-5
Tu.-Thu. May 29, 30, 31 3:15 -5pm
\$30
Contact Mike Rowe
rowem@rocori.k12.mn.us 685-7534
Forms online:
<http://www.ihigh.com/school10732/>

Middle School Football Camp

Athletes going into 6-9 grade
August 6, 7 & 8 10 am-12 pm
\$30.00
Contact Mike Rowe
rowem@rocori.k12.mn.us 685-7534
Forms online:
<http://www.ihigh.com/school10732/>

Eric Decker Football Camp

Students going into grades 3-9
July 11
10 am -12 noon (Gr. 3-5) 1-3 pm (Gr. 6-9)
\$10 (includes T-shirt)
Contact Mike Rowe
rowem@rocori.k12.mn.us 685-7534
Forms online:
<http://www.ihigh.com/school10732/>

Spartan Cross Country Camp

(grades 7-12)
Sibley State Park, New London, MN
JULY 9-11, 2012
Run on 18 mi of hiking trails plus canoeing,
swimming, games, & team building
\$85- includes: food, lodging and a t-shirt.
: Please contact Chuck Griffith email: grif-
fithc@rocori.k12.mn.us or Phone: 241-7057

2012 Springer Baseball Camp

Sat., June 2 10:00-2:00
Cold Spring Springer Park Ages 6-12
\$25 or \$45/2 per family
For more information/register contact Dave
Hinkemeyer, 685-7808.
Registration forms available at
www.rocori.k12.mn.us

Strength & Conditioning Camp

Gr. 6-12 (2012-13)
June 11th-August 9th
NO lifting 7/2-7/6.
RMS/RHS weight room

10-12 Grade Boys \$60
Mon / Wed / Thur 8:00 - 9:45 a.m.
10-12 Grade Girls \$60
Mon / Wed / Thu 9:45 - 11:30 a.m.
8-9 Grade Boys \$40
Tue / Thur 8:00 - 9:30 a.m.
6-7 Grade Boys \$40
Tue / Thurs 9:30-11:00 a.m.
8-9 Grade Girls \$40
Mon / Wed 8:00-9:30 a.m.
6-7 Grade Girls \$40
Mon / Wed 9:30-11:00 a.m.

Each grade is only being
charged \$2.50 per session to
train in this 8-week program!

Registration forms available at the
RHS Office, the Comm. Ed. Office,
or online at rocori.k12.mn.us

ROCORI Girls' Basketball Camp

Gr. 4-8 (2011-12)
Tue-Fri., June 5-8 8:00-10:00 a.m.
ROCORI H.S. \$35, includes t-shirt
Registration deadline: May 26
For info. contact Amanda Glenz - 333-9223

ROCORI Girls' Volleyball Camp

Mon.-Thu., June 11-14
Gr. 5-12 (2012-13)
Gr. 5-8 9-11:30 a.m.
Gr. 9-12 12-2:30 p.m.
ROCORI H.S. Gym
\$50

Info./Registration: Ted Faber; 248-2368

Dance Camp

**Instructor Danielle Moriarty
of Central Performing Arts**

All classes Mon.-Fri., July 30-Aug. 3

Mary, Mary Quite Contrary How Does Your Garden Grow? 4 & 5 yrs.

Dance in the garden as we explore the beau-
ty of how things grow through art & the
movement of creative dance. If we look
carefully we may find a crawly critter or
even a fairy or two. 5-6 pm \$45

Fairies of the Garden 6 & 7 yrs.

Gardens & fairies & gnomes, oh my! Are
you ready to dance & explore all that we can
find! With art, poetry, story & dance we will
wonder & frolic through the garden path
meeting new magical friends of every kind.
3:30-5 p.m. \$60

Ballet in the Secret Garden 8 - 10 yrs.

Do you remember Mary, Collin and Dicken?
They had a secret garden. Let's create our
own secret garden story through ballet &
interpretive dance, as we collaborate art &
dance ideas to the beautiful music from "The
Secret Garden". 2-3:30 pm \$60

Tap, Jazz and a little Ballet 11 - 14 yrs.

Be ready to expand your dance vocabulary
& technique. For dancers who have had
some dance technique and are ready to move
on. Focusing on the classic tap technique,
jazz dance with a Gus Giordano style base &
variations of ballet turns & leaps. Dance
attire with tap & ballet/jazz shoes is
required. 6:15 - 7:45pm \$60

Elementary Summer School

**Open to all students.
Gr. listed for 2012-2013.
All classes held at CSE.
Classes are available
until filled.**

Discipline of Sport

Learn new activities & skills to make
healthy lifestyle changes. Also learn how to
work together & develop self-discipline
through team sports. Bring a water bottle &
dress for the weather.. Gr. 3-6.

Dates: Tue., Wed., Thur.
Session I: June 12-June 28
Session II: July 31 - Aug. 16

Time: 10:15 a.m. - 12:15 p.m.

Instructor: Michael Rowe
Fee: \$20 per session

Growing Together

Plan, plant & prune
produce this summer in a
garden. Produce is shared
with families of class.
Come in work clothes &
bring gloves. Ages 9-14.



**Dates: Planning & planting: Thur., May
24 at 3:00**

Class: Wed., June 6-Aug. 22 (not July 4)

Time: 8:00-10:00 a.m.

Instructor: Greg Spanier Fee: \$55

Kick it Soccer Club

Explore the game of soccer through instruc-
tion of basic skills & fundamentals, fun
games, & interactive play. Wear tennis shoes
& bring water bottle, sunscreen, & a soccer
ball if you have one. Gr. 1-6.

Dates: Tue., Wed. & Thur.,
Session I: June 12-28
Session II: July 31-Aug. 16

Time: 10:15 a.m. -12:15 p.m.

**Instructor: Session I: Brandon Wait,
Shannon Mooney; Session II: Dave Wilke**
Fee: \$25 per session

Outdoor Art!

Let's explore outside & gather sticks, rocks,
leaves, mud, & all sorts of fun objects found
outside to construct hobbit houses or fairy
forts. Even make your own paper to turn
into a book that tells a story about your crea-
tions. . . maybe about the creatures who
live in them! There will be different projects
each session, so sign up for both! Bring a
paint shirt. Gr. 1-3.

Dates: Tue., Wed., Thur.
Session I: June 12-28

Prairie Fire Theater Camp

Peter Pan
Ages 7-18

Mon.-Fri., June 11-15
12:00-4:15 p.m.

Performances June 15 & 16, 7:00 p.m.
ROCORI High School
\$40 per child; maximum \$120 per family
Snacks provided.

Participants limited to first 80.
Volunteers are needed to help with the camp
and before/during performances.
See registration information on page 1.
For further information or to volunteer,
please call Lois Reiffer, 309-4198.

NEW!

Acting Workshop for ages 13+

Wed., June 13 7-8 p.m. \$5
Learn how to act & improve your technique.

Session II: July 31-Aug. 16

Times: 10:15-12:15

Instructor: Cassie Beck

Fee: \$25 per session

Spanish Camp

Join Maria for fun, learning language,
stories, games, arts & crafts, songs, & even
delicious Mexican food! Maria is a Mexico
native and certified teacher. Gr. 1-5.

Dates: Tue., Wed., & Thu.

Session I: June 12-28

Session II: July 31-Aug. 16

Time: 10:15-12:15

Instructor: Maria Thompson

Fee: \$45 per session

Weird Science I

Explore primary science
concepts through hands-
on experiments that are
strange & mysterious!

Learn the scientific
process while observing and formulate a
hypothesis. You can sign up for both ses-
sions; projects are different. Bring an over-
sized button shirt. Gr. 1-3.



Dates: Tue., Wed., & Thu.

Session I: June 12-28

Session II: July 31-Aug. 16

Time: 10:15 a.m. - 12:15 p.m.

Instructor: Rachel McDougal

Fee: \$25 per session

Weird Science II

Explore intermediate science concepts
through hands-on experiments that are
strange and mysterious! Observe & formu-
late hypothesis through scientific questions
to explain what you see. You can sign up for
both sessions; projects are different. Bring
an oversized button shirt. Gr. 4-5.

Dates: Tue., Wed., Thur.,

Session I: June 12-28

Session II: July 31-Aug. 16

Time: 10:15 a.m. - 12:15 p.m.

Instructor: Steven Thisis

Fee: \$25 per session



Woodworking

Plan, measure,
construct & finish a
shelf, toolbox, & other
projects as time allows.

Students get to keep projects. (and maybe
more) to take home. Gr. 4-5.

Dates: Tue., Wed., & Thu., June 12-28

Time: 10:15 a.m. - 12:15 p.m.

Instructor: Greg Spanier Fee: \$45

2012 Summer Activity Calendar

Cold Spring Public Library 685-8281
Pre-registration required for all programs.

June 4 Summer reading program begins
June 6 Preschool Story Time; 10:30-11:45
June 11 George of the Jungle magic &
juggling; 2-3 & 3:30-4:30 p.m.
June 13 Preschool Story Time 10:30-11:45
June 14 Movie Night; 5:30-7:30
June 20 Preschool Story Time; 10:30-11:45
June 22 Okee Dokee Bros. Concert;
2:15-3:00
June 26 Killer Hayseeds; 7:00-8:30
June 27 Preschool Story Time; 10:30-11:45
June 27 Salsa Brosa concert; 4:00-6:00;
Cold Spring Farmers' Mkt location
July 11 Preschool Story Time; 10:30-11:45
July 12 Movie Night; 5:30-7:30
July 18 Preschool Story time; 10:30-11:45
July 23 Zoomobile; 11:30-12:30
July 25 Preschool Story Time; 10:30-11:45
July 26, 27, 28 Book Sale; library hours
Aug. 1 Preschool Story Time; 10:30-11:45
Aug. 4 Summer reading program ends
Aug. 9 Summer reading program party for
those that participated; 6:00-7:30
Aug. 16 Movie Night; 5:30-7:30
Aug. 20 Movie Night; 5:30-7:30